

**BELLWOOD-ANTIS SCHOOL DISTRICT**

**ATHLETIC GUIDELINES**

**Revised November 2009**



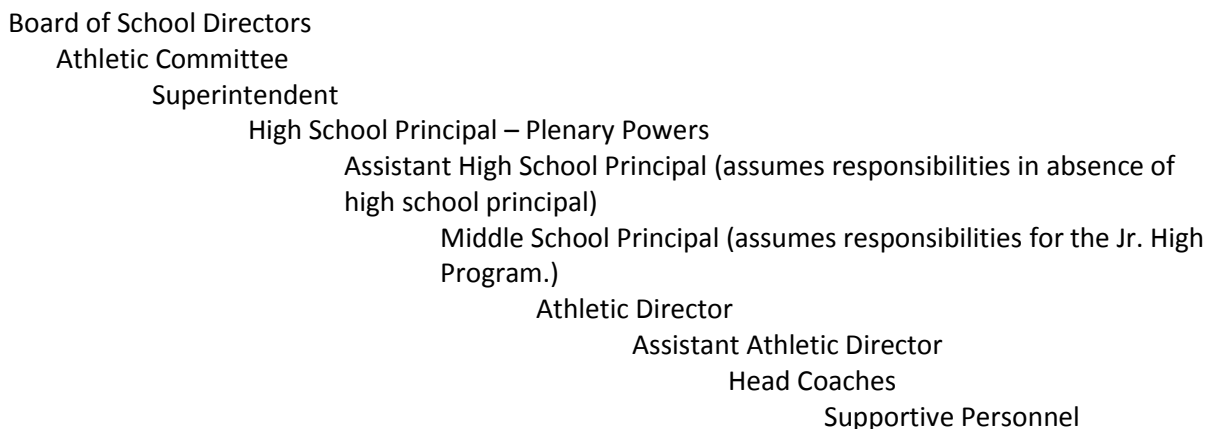
**I. STATEMENT OF PURPOSE**

The purpose of these administrative regulations/guidelines is to clarify and regulate the Athletic Program of the Bellwood-Antis School District. The program must be organized to safeguard the health, safety, and educational development of the students.

The Athletic Program shall be an integral part of the total school educational program that has as its purpose to provide educational experiences not otherwise provided in the curriculum. The experience should help develop learning outcomes in the areas of knowledge, skills, and emotional patterns and will contribute to the development of better citizens. Emphasis shall be upon teaching “through” athletics in addition to teaching the “skills” of athletics.

The Athletic Program shall be primarily for the benefit of the students who participate directly in it. The program shall exist mainly for the value which it has for students and not for the benefit of the sponsoring institution. Athletics should provide wholesome experiences for the players. Any girl or boy shall have the opportunity to participate as long as they are willing to abide by the rules and regulations. The activities and contests involved shall be psychologically sound by being tailored to the physical, mental, and emotional maturity levels of the young people participating in them.

**II. ATHLETIC ORGANIZATIONAL CHART**



The chart exhibits the vertical structure of the interscholastic sports program at Bellwood-Antis High School. The ultimate plenary (policing) power controlling interscholastic sports in Pennsylvania is the PIAA (Pennsylvania Interscholastic Athletic Association). The principals are directly responsible for carrying out all by-laws and directives generated by the PIAA. They are also responsible to the PIAA for any violation(s) the school incurs.

The Bellwood-Antis Board of School Directors is the ultimate local authority concerning interscholastic sports in the school district. Although not inclusive, the Board approves and/or disapproves such issues as finances, transportation, policy, personnel, etc. related to interscholastic sports at Bellwood-Antis.

The Athletic Committee is composed of four committee members of the Board. The president of the Board may call meetings depending upon the circumstances and the issues that need to be discussed.

**INTERSCHOLASTIC ATHLETICS FOR BOYS IN THE BELLWOOD-ANTIS SCHOOLS**

**FALL**

Football  
Varsity  
Jr. Varsity  
Jr. High

**WINTER**

Basketball  
Varsity  
Jr. Varsity  
Jr. High  
Elementary (volunteer)

**SPRING**

Track  
Varsity

Cross Country  
Varsity  
Jr. Varsity

Wrestling  
Varsity  
Jr. Varsity  
Jr. High  
Elementary (volunteer)

Baseball  
Varsity  
Jr. Varsity

Golf (co-op)

Tennis (co-op)

Soccer (co-op)

**INTERSCHOLASTIC ATHLETICS FOR GIRLS IN THE BELLWOOD-ANTIS SCHOOLS**

**FALL**

Cross Country  
Varsity  
Jr. Varsity

**WINTER**

Basketball  
Varsity  
J r. Varsity

**SPRING**

Track  
Varsity

Volleyball  
Varsity  
Jr. Varsity

Swimming (co-op)

Softball  
Varsity  
Jr. Varsity  
Jr. High

Basketball  
Jr. High

Volleyball  
Jr. High

Golf

Tennis (co-op)

Soccer (co-op)

The Bellwood-Antis Middle-High School is a member of District 6 of the PIAA which is one of the twelve districts in the state of Pennsylvania. District 6 includes Blair, Cambria, Centre, Clearfield, Clinton, Huntingdon, Indiana, Mifflin Counties, and Somerset. Our teams participate in the following leagues:

Baseball	Inter-County Conference (North)
Boys Basketball	Inter-County Conference (North)
Girls Basketball	Inter-County Conference (North)
Football	Inter-County Conference (North), Western Conference
Boys Track	Inter-County Conference
Girls Track	Inter-County Conference
Wrestling	Inter-County Conference
Girls Volleyball	Inter-County Conference (North)
Cross Country	Inter-County Conference

### III. RESPONSIBILITY OF THE PRINCIPAL

A. The Principal of each school, in all matters pertaining to the interscholastic athletic relations of his/her school, is responsible to the PIAA. He/she may delegate some of these powers but such delegation shall not relieve him/her of responsibility for any infractions by his/her school of the Constitution and By-Laws of the PIAA.

#### B. POWERS AND DUTIES OF THE PRINCIPALS

1. The Principal shall have the following powers and duties:
  - a. To have control over the interscholastic athletic relations in which his/her school participates. This applies to interscholastic athletics for both boys and girls.
  - b. To sanction all contests in which the school participates and to notify the Executive Director of the PIAA within 10 days if his/her school has entered a contest which has not been sanctioned.
  - c. To exclude any contestant who, because of bad habits or improper conduct, would not represent his/her school in a becoming manner and also to exclude any contestant who has suffered serious illness or injury until that contestant is pronounced physically fit by the school physician, or, if none is employed, by another licensed physician.
  - d. To be responsible for the treatment of all visitors and officials attending contests conducted by his school. Penalties may be imposed upon a member school whose principal fails to provide reasonable protection for officials and visitors at home games. If a game is played at a neutral place, the principals of the participating schools shall be held jointly responsible for this protection. In such a case, penalties may be imposed upon either or both of the schools.
  - e. To see that all contracts for interscholastic athletic contests in which his/her school participates are in writing and bear his/her signature or designee (AD).
  - f. All written contracts with officials shall be signed by the principal or by one principal representing a league or conference or his/her designee (AD).

- g. To authorize a full-time teacher of his/her school district to be the Game Manager of the teams representing his/her school unless he/she acts as Game Manager.
- h. The principal or his/her authorized representative shall accompany his/her team to all contests. A chain of command shall include: (1) Principal/Assistant Principal, (2) Athletic Director, (3) Assistant Athletic Director, (4) Head Coach and (5) Assistant Coach.
- i. To be responsible for certifying in writing the eligibility of all contestants in accordance with the By-Laws of the PIAA.

#### **IV. RESPONSIBILITY OF THE ATHLETIC DIRECTOR**

A. The Athletic Director shall carry out the athletic policies of the Board of School Directors in accordance with the regulations of the PIAA and in cooperation with the principals.

##### **B. POWERS AND DUTIES OF THE ATHLETIC DIRECTOR**

1. Represent the school with the principal at all athletic meetings involving the interests of the school or act as the school's representative in the principal's absence.
2. Supervise the preparation of schedules in all sports. Head coaches of various sports will help in making these schedules by recommending schools for athletic relationships.
3. Make all contracts affecting athletic contests available to the principal for approval.
4. Assign with the help of coaches, officials for all athletic contests between schools and see that contracts are signed and placed on file and that clearances are acquired as needed.
5. See that physical resources of the school are available for visiting teams.
6. With the aid of the coaches, insure that lists of all players eligible for athletic contests are prepared under rules of the PIAA and sent to each opponent school.
7. Schedule transportation for all games for each sport.
8. Collect receipts at each home game.
9. Keep a running account of expenditures for each sport.
10. Prepare a financial report for each sport at the end of each season.
11. Draw up a proposed budget for each sport.
12. Postpone or cancel scheduled events with approval of the principal if conditions exist which would jeopardize the safety of athletes, officials, or spectators.
13. Arrange for police at athletic contests.
14. Attend or have designated a game manager to supervise and attend all home athletic events.
15. Arrange for medical aid, to be present or on call, for all athletic events.
16. Inform the administration of any problems related to the athletic program.
17. Arrange requests for payment of all athletic equipment. Handle the ordering of all equipment.
18. Arrange for and obtain needed personnel to sell and collect tickets, operate time clock, and score various athletic events.
19. Obtain an inventory from each varsity coach for the equipment on hand in his sport.
20. Carry out the written instructions of the athletic committee of the school board as related to all sports.
21. Arrange for all athletes to have medical examinations.

22. Approve all recommendations for athletic awards.
23. Recommend, with the principal, the best qualified person available for coaching positions and when head coaching positions are available, seek candidates from inside and outside the school for the vacant positions who will be considered by the superintendent and the Board.
24. Keep an up-to-date schedule of gym use to insure all teams get fair practice time and conflicts are resolved.
25. Have a thorough knowledge of the PIAA rules and regulations.
26. Make sure the head coach reports the results of events to the media.
27. Reconcile all expenses of coaches who are approved to attend clinics and camps.

C. POWERS AND DUTIES OF THE ASSISTANT ATHLETIC DIRECTOR

1. Represent the school if the Athletic Director and Principal are not available at all athletic meetings involving the interests of the school or act as the school's representative in the absence of the Athletic Director or principal.
2. Print and mail all official contracts. Upon receiving contract, check each contract for correct information and forward a list and contracts to the Athletic Director.
3. Upon receiving the list from the Athletic Director, prepare lists of all players eligible for athletic contests according to the rules of PIAA and send via e-mail or regular mail to each opponent school.
4. Attend all home Girls Jr. High Basketball games to represent the Athletic Director and the school.
5. Collect the game receipts for all Girls Jr. High Basketball games. Reconcile the game receipts and return box and money to Athletic Director.
6. Attend all home Boys Varsity and JV Baseball games to represent the Athletic Director and the school.
7. During the Winter Season, which includes Boys and Girls Basketball and Wrestling, assist the Athletic Director in attending the home games for either Boys or Girls Basketball. Schedule to be assigned by Athletic Director.
  - a. Have locker room ready for visiting team.
  - b. Escort PIAA Officials to locker room before, at half time and after the game.
  - c. Have PIAA Officials sign for their checks.
  - d. Reconcile game receipts and return money box to Athletic Director.
8. In the absence of the Athletic Director, postpone or cancel scheduled events if conditions exist which would jeopardize the safety of the athletes, officials or spectators.
9. Collaborate with the Athletic Director, at their discretion, on recommendations and/or suggestions that will help the Athletic Department best utilize its resources.
10. Upon an extended absence of the Athletic Director become the Acting Athletic Director until Athletic Director can return to their position.

## V. RESPONSIBILITY OF THE HEAD COACH

A. The head coach at Bellwood-Antis High School has the responsibility for the entire athletic program for his/her particular sport regarding offensive and defensive philosophy, practice drills, organization, schedules, and scouting. Assistant and junior high coaches are expected to comply with the head coaches' instructions in these areas. The head coach has the responsibility of recommending assistant coaches and volunteers in his/her particular sport and junior high school coaches in his/her particular sport to the athletic director and the principal who, in turn, will recommend to the superintendent and Board of School Directors for approval.

### B. DUTIES OF THE HEAD COACH (PRE-SEASON)

1. Be responsible for marking and taking inventory of equipment prior to distribution before the first practice.
2. Submit to the Athletic Director, in writing, any special plans for the upcoming season for approval.
3. Attend the annual PIAA Rules Interpretation meeting or assign an assistant coach to attend.
4. Prepare a set of written standards for his/her student athletes in keeping with district guidelines approved by the athletic director and high school principal. A copy of these standards will be on file in the athletic director's office and principal's office. The following are a few suggestions to the coaches in handling of their respective squads.
  - a. The athlete should attend all practices and should be punctual unless he has a reasonable excuse.
  - b. Measures must be taken to prohibit the use of profane language.
  - c. Good sportsmanship should be encouraged both in victory and defeat.
  - d. There must be respect for authority both on and off the field of play.
  - e. Since the athlete represents his school and community, he should be neatly groomed and properly dressed.
  - f. Use of any form of tobacco, alcoholic beverages, or drugs (unless prescribed by a doctor) while in school, on school property, or representing the school will result in dismissal from the squad.  
Use of any form of tobacco, alcoholic beverages, or drugs (unless prescribed by a doctor) off school property during the sport season, will result in a two week suspension from the team and referral will be made to the STAR team and their recommendation must be followed, which may include a drug and alcohol group or referral to the Altoona Hospital Drug and Alcohol Clinic. Failure to abide by recommendations of the STAR Team will result in immediate dismissal from the team.
  - g. Work with your athletes to develop good study habits and encourage them to work to their maximum academic potential.
  - h. Athletes should be reminded that they are leaders and therefore must assume their responsibilities at home, in school, and in community.
  - i. The coach should know the health status of his players. He should be sure that athletes report all injuries and are given proper attention.



- j. Players must be supervised at all times when under the coach's jurisdiction. This includes in the locker room, on the bus, and also on the field of play.
- 5. Submit to the principal the physical exam/parental consent/insurance forms for players.
- 6. Meet with the assistant and volunteer coach(es) prior to the opening of the season and review items such as:
  - a. The Bellwood-Antis School District Athletic Policy.
  - b. Organizational responsibilities in order that the program first serves the students of the school.
  - c. General first aid/safety procedures.
  - d. Rule changes for the new season.
  - e. Student guidelines for acceptable athletic practices and procedures.
- 7. Instruct students regarding the proper procedures to be followed in case of accident or injury and the filing of accident and insurance papers and reports. Each accident must be reported to the respective principal.
- 8. Submit to the Athletic Director:
  - a. A list of participants alphabetically by grade and other needed information on PIAA Eligibility Form at least ten (10) days before the first event so a record can be sent to opponents as specified by PIAA rules. Forms will be provided.
  - b. A list of players and managers for a team roster - include jersey numbers (football, boys and girls basketball). Other sports may simply attach managers' names to the eligibility list and indicate it as the roster.
- 9. Coaches should complete the appropriate recommendation forms and follow up with the necessary steps that will publicize and promote promising scholar/athletes in their attempt to further their education with scholarship help.

#### IN SEASON

- 1. Be responsible for the care of the equipment during the season and keep accurate records so collection of equipment later is simplified.
- 2. Demonstrate an attitude of fairness and patience with student athletes and work to instill in them an attitude of good sportsmanship.
- 3. Conduct yourself as a positive role model for your student athletes and maintain a professional relationship with opposing coaches, officials, news media and parents. The home school coach should also assure that appropriate news media are promptly notified of the results (via telephone) of all home and away contests.
- 4. Notify the Athletic Director and Principal in writing when a student is suspended from the team for disciplinary reasons or withdraws from the team.
- 5. Plan each practice session in detail, recognizing the need for each student athlete to receive instruction every day and be given the opportunity and encouragement to develop his/her skills to the highest level possible.
- 6. The responsibility for supervision of students does not rest with the custodians; it clearly rests with the coach in charge. Merely being in the building or somewhere near the students does not constitute supervision. After the building has been emptied, it is the

- responsibility of the coach in charge to inspect and assure that the facilities are reasonably clean and properly locked. All doors must be locked and all lights turned out.
7. Coaches and students must exhibit exemplary behavior and are not excused from observance of standard school practices.
  8. Sharing responsibility for spectator control at any school function is a responsibility of each coach.
  9. Student conduct that is of a nature defined in the Student Discipline Policy will be processed under the defined guidelines. Action taken under this area will be pre-confirmed with the principal. It is understood that a coach has broad latitude in setting standards of conduct and performance within the confines of that sports activity.
  10. Coaches must attend all meetings and all other functions and be responsible for assuring the accurate preparation of forms as indicated by the school's athletic director or principal. Working cooperatively with school booster clubs and other community groups is encouraged as long as the said booster club is promoting athletics in a manner consistent with the overall athletic policy.
  11. Every coach must give full cooperation to all members of the school's coaching staff, recognizing that each athletic activity is just one facet of the overall school curriculum. Coaches are not permitted to excuse students from classes or study halls for the purpose of athletic activities without the permission of the principal.
  12. Coaches must use judgment in offering any type of first aid to an injured athlete when an injury occurs during a practice or game situation. Administration of any medication is not permitted except by holders of a current first aid card or licensed physician.
  13. Be responsible for the squad to and from all away games. The coach cannot delegate this responsibility, except in case of illness or unpreventable circumstances.
  14. Be responsible for monitoring the daily attendance report of his athletes and NOT permit any athlete to participate or play who was not in regular school attendance for at least ½ day the day of the event. Special circumstances may alter this policy with permission of the Principal.
  15. Notify the student athlete if he/she is scholastically eligible on a weekly or 9-week basis.
  16. Know the rules and regulations of local, district, and PIAA organizations. He shall abide by these rules at all times.
  17. Complete a practice schedule on a weekly and monthly basis and submit one copy to the athletic director and to the respective principal. The athletic director will make sure there are no conflicts over use of gym time or other use of facilities.

#### POST SEASON

1. Be responsible for the return of athletic equipment from the athletes and store it within two weeks of the close of the sport season.
2. The head coach may recommend the amount and type of equipment to be purchased for this particular sport and concurrently prepare lists of equipment purchased or reconditioned for the following year. Forms furnished for current inventory and requisitions for the next year are to be completed within two weeks after received.

3. Appear before the athletic director and respective principal at the end of the sports season for a review, evaluation and discussion of the season and the needs of that particular sport season for next season.
4. Submit to the appropriate media or league officials a fair and reasonable list of players to be considered for all leagues or all conference considerations.
5. Submit at the end of season a report which should include:
  - a. Students eligible for letters.
  - b. List of lost materials and students properly charged if necessary.
  - c. An inventory of equipment.
  - d. Correspondence for League All-Star team and banquets.
  - e. Suggested list of officials not desired.
  - f. Return all keys to the high school office.
6. Submit a documented list of all expenses incurred to the Athletic Director for approval; scouting, trips, camps, or clinics.

## **VI. DUTIES OF THE ASSISTANT COACHES**

The assistant coach shall:

1. Be present at all sports events and involved practices unless assigned by the head coach to other duties. Example: scouting
2. Follow the head coach's system and methods of organization: i.e. offense, defense, practice organization, discipline, etc.
3. Assist with additional duties, such as taping, care of equipment, and locker room supervision.
4. Assist with scouting duties and the screening of reports.
5. Be prepared to energetically follow the practice schedule and procedures as planned by the head coach.
6. Assist in monitoring student behavior in accordance with the guidelines for student athletes.
7. Conduct yourself as a positive role model for student athletes and maintain a professional relationship with opposing coaches, officials, news media, and parents.
8. Perform such other tasks as may be assigned by the head coach.
9. Demonstrate an attitude of fairness and patience with student athletes and work to instill in them an attitude of good sportsmanship.
10. Head junior high and head elementary coaches are to follow all the duties and responsibilities stipulated for a head coach. They are responsible to implement the system initiated by the Varsity Head Coach.
11. Assistant Junior High and all volunteers adhere to the duties and responsibilities outlined in Numbers 1-9.

## **VII. SUPPORT PERSONNEL**

### **A. THE DUTIES AND RESPONSIBILITIES OF THE ATHLETIC TRAINER**

1. Shall be responsible for the examination of all athletes injured in an athletic event or practice.
2. Shall complete an accident report when an injury occurs that is trauma related. This report shall be kept on file by the trainer.
3. Shall be responsible for arranging all appointments with authorized school physicians concerning football injuries.
4. Shall be responsible for maintaining an adequate stock of supplies.
5. Shall carry out physician's orders for rehabilitative therapy as they are noted.
6. Shall be responsible for making all decisions relating to the emergency care of any injured athletes.
7. Shall be responsible for notifying parents of injuries which have been sustained to their children.
8. Shall make final determination as to how the injured athlete will be transported to the medical facility.
9. Shall maintain CPR instructor authorization.
10. Will cover all athletic events in the high school level and junior high level when possible.
11. Shall visit junior high school athletes whenever possible in order to provide a continuity of care for all athletes.
12. May form a student athletic trainers program as noted by student interest.
13. Must issue authorization to see a physician before any student is permitted to see a school approved physician.
14. Will provide, as needed, follow up treatments for the injured athlete on a first come, first serve basis.

### **B. RESPONSIBILITY OF CHEERLEADER ADVISORS**

1. The cheerleading advisor and assistant are directly responsible for maintaining and operating the cheerleading program of the Bellwood-Antis Junior-Senior High School. They are to report to the Athletic Director and respective principal a schedule of activities and supervisors prior to each sports season.
2. DUTIES:
  - a. Attend home and away varsity football games.
  - b. Attend home varsity and junior varsity events. (Specifically; Boys and Girls Varsity Basketball, Wrestling) and attend home junior varsity football; home junior high football, basketball and wrestling events.
  - c. Organize all pep rallies with cooperation of the Student Council.
  - d. Attend all practices.
  - e. Inventory and organize all cheerleading equipment.
  - f. Schedule meetings with students as necessary.
  - g. Schedule all try-outs for all levels.
  - h. Organize and run summer programs.

- i. Travel with cheerleaders to all away varsity football games and all post-season competition events of the sports listed in 1 and 2.
- j. Submit in writing a list of rules and regulations for cheerleaders to the athletic director and principal.

C. VOLUNTEER COACHES

The Bellwood-Antis School District will approve additional volunteer coaches utilizing interested staff and community members. The number of volunteer coaches will be determined by the Head Coach, Athletic Director, and respective principals with approval from the Bellwood-Antis Board of School Directors. All volunteer coaches are to follow the same duties as outlined in Section VI of the Athletic Policy for Assistant Coaches. Prior to employment all volunteer coaches must be carefully screened by the head coach, athletic director and respective principal. Volunteer coaches are employed on a one year basis only. A determination of continued need for the position will be decided prior to the beginning of the next sports season.

The principal or his/her designee shall assume general authority and responsibility over all volunteers.

All volunteers who are new to the district or unknown shall comply with Act 34 clearance procedures (Criminal History Background Report), Act 151 clearance procedures (Child Abuse Report) and Act 114 (FBI Clearance) the cost of which will be paid by the school district.

All volunteers shall be interviewed by the principal, coach or athletic director.

All activities shall have at least two (2) volunteers present at all times. If locker room supervision is needed, a volunteer of the same sex is required.

**GUIDELINES: PHILOSOPHY AND GUIDELINES FOR OPERATION OF VOLUNTEER ATHLETIC PROGRAMS**

It is the belief of the Bellwood-Antis School District that athletic programs in grades 3-6 be non-competitive and provides equal playing opportunities for all players. The main purpose of the program is to generate interest, teach skills and, most importantly, have fun!

The Head Coach of each sport is responsible for implementing the philosophy and guidelines of all programs that operate in the district.

Volunteer coaches are to follow the coaching philosophy and guidelines as presented by the Head Coach.

All volunteer coaches must be approved by the Bellwood-Antis School Board.

All programs must have a defined season that is regulated by the sport season by the P.I.A.A. unless dictated by league affiliation.

Invitations to additional leagues or tournaments must be approved by the Head Coach of each sport.

All practices shall be limited to one school night per week for a maximum of 1.5 hours. A total of 4 hours per week including games is the maximum hours of participation per week.

Transportation is the responsibility of the parents.

Students are to be supervised at all times and are not permitted in the building without adult supervision. After school practice shall begin promptly at 3:05 at the Middle School. After school practice shall begin promptly at 3:45 at Myers Elementary. An evening practice (students go home on bus and return) begins after 4:30 at the Middle School and after 5:15 at the Myers Elementary. Coaches shall be here 15 minutes prior to practice time.

Facility requests and/or practice schedules must be permitted in advance. High school and junior high school sports in season and performing groups have precedent in scheduling facilities.

#### **D. GAME MANAGER**

In absence of the athletic director a game manager will be employed. The game manager will assume all duties and responsibilities of the athletic director for that particular event.

#### **E. SECURITY PERSONNEL**

The athletic director and the respective principal will determine the number of security needed at each event prior to each sports season. Security personnel will meet with the athletic director and principal prior to each season to review expectations and responsibilities in order to provide the most appropriate of security personnel.

#### **F. OTHER AUXILIARY PERSONNEL**

1. Ticket takers and tickets sellers selected by athletic director.
2. Student trainers are the responsibility of the athletic trainer and will be considered as a volunteer coach if the student's trainer is a member of the community.
3. Community personnel who assist with the videotaping, films, statistical computations, or public address announcer will be approved as a volunteer to the athletic team for the entire year.
4. Scorers and timers for various events will be selected by the athletic director at the contracted rate of compensation.
5. All student trainers, managers and statisticians will be covered under school insurance. All student personnel must also be scholastically eligible at all times to assist with the sports program.
6. The Bellwood-Antis School District will contract one physician to be present at all home varsity games to be selected by the athletic director.
7. The Bellwood-Antis School District will contract with the AMED Ambulance Service for their presence and/or utilization at all home athletic events or practices as directed by the athletic director.

## VIII. GENERAL ATHLETIC POLICIES

### A. TRANSPORTATION

1. All buses will be ordered by the athletic director. Each coach will submit to the athletic director the leave time for away contests prior to the beginning of each season. It is the responsibility of the coach to have members of the squad ready to board the bus at the designated time. The head coach must exercise control and maintain proper supervision of the squad so that the bus is not damaged in any way. The head coach must ride to and from the Bellwood-Antis High School for scheduled athletic events. Special circumstances approved by the principal will be considered on a per event basis.
2. Directive for Supervision of Students on Bus Trips – Read or remind the students of the following before every trip: While representing the BASD, you will follow the student code of conduct. You are expected to conduct yourself in a positive and appropriate manner at all times. In addition, you have a responsibility to report behavior that you become aware of and that could be harmful to other people.

Coaches/Chaperones/Sponsors/Volunteers:

As supervisors of a group of students, you are obligated to maintain order and discipline on the bus at all times. It is the responsibility of the Coach/Sponsor to determine and secure the number of adults needed to monitor the trip. These adults must be coaches, chaperones, sponsors or Board approved volunteers. Their responsibility/role will be coordinated by the adult(s) in charge of the activity.

One adult must be assigned to sit in the back of the bus to monitor the conduct of the students sitting in front of them. Other supervisors should sit throughout the bus and be evenly dispersed to adequately monitor the behavior of students. If only one adult is present, the adult will sit in the back of the bus and periodically move throughout the bus to monitor student behavior. If there is more than one adult on the bus, they will take turns moving throughout the bus to monitor student behavior, as well as, be seated throughout the bus during the trip.

Any coach, chaperone, or sponsor who suspects inappropriate behavior may be occurring must move to the area of the disturbance and investigate the matter immediately. This includes interviewing students, making a list of witnesses, and taking statements. Examples of inappropriate behavior could include but not limited to chants of student names or chants of phrases that are not related to the activity that the students are part of.

Cell phone use is NOT permitted during bus trips unless permission is obtained from the adult supervisor(s). The use should be limited to calls to parents for notification of arrival times.

Follow this directive: If you are slightly suspicious of any behavior or conduct investigate it immediately.

Disposition: Administrators should be notified immediately if a situation has been investigated by a coach or chaperone. Contact the appropriate building administrator at home if necessary.

3. Only team members, support personnel and coaches for that sport are permitted to ride the team bus. Exceptions are permitted only with the consent of the principal.
4. Team members and support personnel are to ride the team bus to and from the scheduled event. No bus will be permitted to stop after the scheduled event on the way back to the home school during a school night. Exceptions may be made by the building principal on trips over 80 miles one way or scheduled afternoon events.
5. Parents or guardians who wish to provide their child's transportation from an event must present a written request to the principal before the team departure. The principal will sign the request which must then be presented to the head coach. Friends or relatives are not permitted to transport student athletes home from events. Students involved in other school activities later in the day will be given special consideration with all parents involved agreeing on group transportation.

#### **B. ATHLETIC TICKETS**

All persons attending home athletic contests where admission is charged must present purchased tickets of admission with the following exceptions:

1. Athletes whose name appears on the eligibility list for that particular sport.
2. Present board members and presently employed persons shall be issued on All Sports Pass. It shall be defined as a pass to admit the person to whom issued to home athletic events.
3. Athletic Director, officials, scorers, timers, coaches, managers, and statisticians.
4. Cheerleaders for the particular event and majorettes associated with the event or match being played.
5. Members of any band and its director designated to play at the athletic event.
6. Student auxiliary helpers in video- taping and the public address system.
7. Media representatives assigned to cover a particular game or match.
8. Scouts from opposing scheduled schools with identification.
9. Duty police.
10. Under school age children when accompanied by a parent.
11. Any person approved by the Principal of the building or the designee, i.e. visiting principals, college scouts, etc.
12. Each senior high school player will be issued a pass which is acceptable at any sports event held during the same season as his/her sport. Each junior high school player will be issued a pass which is acceptable at a senior high sports event held during the same season as his/her sport. It can also be used at a Senior High Varsity event, but only in the sport in which he/she participates. Students must return all passes immediately if he/she withdraws or is suspended from the team.



**C. ATHLETIC TICKET PRICES**

1. Adult General Admission  
Varsity Football           \$4.00                           Reserved \$5.00  
Varsity Basketball       \$3.00  
Varsity Wrestling         \$3.00  
Varsity Track              \$2.00  
Jr. Varsity Football      \$2.00  
Jr. High Basketball      \$2.00  
Jr. High Football         \$2.00  
Jr. High Wrestling        \$2.00
2. Student General Admission  
Varsity Football         \$2.00  
Varsity Basketball      \$2.00  
Varsity Wrestling       \$2.00  
Varsity Track            \$1.00  
Jr. High Football        \$1.00  
Jr. High Basketball     \$1.00  
Jr. High Football        \$1.00  
Jr. High Wrestling      \$1.00

**D. SPECTATOR CONDUCT**

1. Your team does not belong to the community. It belongs to the school, and that school has voluntarily agreed to abide by a certain set of rules so that all athletes may compete under the same standards. If these rules offend any special interest groups or individuals to the point where they cannot conduct themselves in a rational manner, then, by all means, these persons should direct all their energies toward some other level of athletics, but not the high school level.
2. Accept the fact that all high school athletes make mistakes. They are not perfect and never will be. There is compensation though, for these same mistakes make high school athletics more exciting and unpredictable.
3. Make an attempt to learn the rules of the game and then leave the officials alone. Unending time and effort is spent in the training of these officials so that a contest may proceed smoothly. Historically, the spectator who constantly criticizes game officials is ignorant of the rules under which the game is played.
4. Finally, keep in mind that you are a guest of the school, and that while winning is certainly an admirable goal, victory is hollow if it comes at the expense of morals, ethics, and just plain common sense.
5. Spectators who create such a disturbance that interferes with the performance or berates the performing players, coaches, or officials will be removed from the athletic event by the school security.

## **E. ATHLETIC PRACTICES**

1. All practices must be planned to the last detail. Every team member should receive instructions every day. All coaches and players are required to attend and be on time for all practices. Practices are the single most important facet of our program. Success or failure can be traced to the ability of coaches to plan practices wisely. Players must be taught that this is their classroom phase of athletics. The same rules must prevail for players (promptness, complete attention, good daily attendance, desire to improve, ability to listen, etc.) that are necessary for satisfactory classroom progress. Coaches are reminded that the same traits necessary to be a good teacher are also necessary to be a good coach.
2. All practice sessions must be completed by 9:00 p.m. This does not include showers and dressing time. Wednesday practices will conclude by 7:00 p.m. as a result of a consensus reached with the Bellwood-Antis Council of Churches.
3. Practices may be held on Sunday afternoon if another day is taken as a day of rest. No student will participate in an activity for more than 6 consecutive days.
4. Students who are illegally tardy to school following an athletic contest the previous evening will not be permitted to practice that day.
5. Athletic practices may not start until the end of the school/teacher day. In the event a team is unable to practice the day before a scheduled event due to gym scheduling conflicts, the building principal may excuse students from designated classes.
6. An athlete who consistently shows a disregard for practice schedules will be dismissed from the squad.
7. A student who is absent from school shall not participate in an athletic event or practice that day. If the student reports to school for at least a half day (11:15 a.m.), he/she will be permitted to compete. The building principal will rule on any exceptions to this policy.

## **F. RELATIONSHIP WITH BOOSTER CLUB**

The athletic program has received significant verbal, moral, and financial support from the Boosters and is grateful for it. In an effort to keep the lines of communication open between the two, the athletic director or the principal will keep in contact with the Booster Club to discuss each year's intentions.

It is further understood that the Boosters will confine their efforts to supporting the athletic program and will not be involved with the operation of the program or the selection or dismissal of persons involved with the program. With each group concentrating on their role, the student athletes should benefit significantly.

## **G. OUT-OF-SEASON RULES AND REGULATIONS**

Each sport has a defined season which includes the first legal practice date, the first legal scrimmage date, the first legal playing date for the regular season, the district deadline, the dates for PIAA championships, the maximum number of contests for the regular season and the maximum number of scrimmages or inter-school practices for the regular season. All member schools must comply with the defined season for each sport.

Within each defined season, member schools may sponsor sports teams which compete against other member schools or schools that follow all PIAA policies, rules and regulations. Outside of the defined season for sports, member schools may not sponsor teams, but member schools and coaches and/or students of member schools may be involved with sports activities such as training programs, recreational activities “open gyms”, clinics and camps provided that the school does not sponsor teams, and provided that any participation by coaches and/or students is as private citizens and is voluntary as described below. Coaches and/or students acting as private citizens and on a voluntary basis, may participate on teams that are not affiliated with their school or other member schools during the out-of-season period as described below.

Any sports activity that occurs outside the defined season for a sport is outside the jurisdiction of PIAA except as set forth in the immediately preceding paragraph and as follows:

1. The coach or other personnel representing the school shall not require an athlete to participate in a sport or a training program for a sport outside of the PIAA defined sport’s season. The participation of students in any sport activity that occurs outside of its defined season must be voluntary.
2. In order to maintain eligibility to represent a member school in football, a student shall not participate in organized contact football camps, clinics, drills, practices, games, scrimmages or similar contact activities outside the PIAA defined football season.
3. The school’s blocking/tackling dummies and blocking/tackling sleds may not be used by schools, community organizations and groups, coaches and students outside the PIAA-defined football season.
4. The school’s name, nickname, interscholastic athletic uniform, interscholastic athletic equipment, and interscholastic athletic health/first –aid supplies may not be used by community organizations and groups. The school’s name, nickname and interscholastic athletic uniforms may not be used by students, however, the principal may permit students to use the school’s interscholastic athletic equipment and the school’s interscholastic athletic health/first-aid supplies.
5. Except as provided below, all activity in a sport including practice, shall terminate by the last legal playing date for the regular season in that sport unless the team is entered into the PIAA playoffs or PIAA tournament. If the team is entered into the PIAA playoffs or PIAA tournament, all activity in the sport must terminate on the day of elimination from the PIAA event.
6. With the approval of the District Committee, regular season contests which have been postponed may be rescheduled and played between the last legal playing date for the regular season in that sport and the district deadline in that sport. For purposes of the immediately preceding sentence, the date of playing of the last such postponed contest shall constitute the last legal playing date for the regular season in that sport.

## **H. TRANSFERS AND RESIDENCE**

A pupil transferring from one school district to another is eligible immediately:

1. When the pupil resides with his natural parents or with either parent in the district to which he transfers and the transfer is not athletically notarized.
2. When the pupil has been legally adopted and the pupil resides with such adopting parent within the school district.
3. When a legal guardian has been appointed by order of a court and the pupil resides with such guardian within the school district and the pupil's eligibility is approved by the District Committee. If the appointment of a legal guardian is pending, the pupil will be eligible when such eligibility is approved by the District Committee.
4. When the pupil resides with foster parents with the approval of the local child welfare organization and the District Committee.
5. When the pupil transfers to a new school district after completing the highest grade of the school district in which he is enrolled.
6. When the school where the pupil has attended is abolished.
7. An emancipated student whose situation is not otherwise within the terms of this Article shall be eligible immediately in the district to which he/she has established a bona fide residence in such district as determined by the District Committee.
8. Any case of transfer not covered by the specific provisions of this Article shall be referred to the District Committee for determination.

## **I. PROCEDURES FOR HIRING COACHES**

All vacant coaching positions in the Bellwood-Antis School District shall be posted in all district buildings by the Secretary of the Board of School Directors. Any individual who is interested in applying for a coaching position must submit a written letter of application. These applications are to be submitted or forwarded to the high school principal. The principal and athletic director will screen applications and interviews may be held by the building principal, athletic director and/or head coach. If no qualified applicant has applied for the coaching vacancy, the secretary of the board of school directors shall advertise the position in the local newspapers. Coaching position recommendations shall be made to the Athletic Director and to the Superintendent prior to the board committee meeting. Names of all applicants for the position will also be forwarded to the Superintendent for information to be given to the Board of School Directors.

## **J. ATHLETIC SCOUTING**

The following rules and regulations apply to the payment of coaches for scouting trips related to their coaching duties and responsibilities:

1. Transportation will be paid in accordance with district policy to each game scouted with the shortest routes to be used in travel.

2. Scouting is limited to the varsity sports only. The mileage accumulated in the exchange of football films between schools is considered scouting mileage.
3. All scouting must receive prior approval of the principal or athletic director.
4. All expense reimbursements must be paid from the Athletic Account Fund.
5. No additional expenses will be paid by the School District.

#### **K. SCRIMMAGES – ALUMNI**

Alumni or other adult participation in practices, scrimmages, and/or alumni games are prohibited.

#### **L. STUDENT EQUAL OPPORTUNITY STATEMENT**

Title IX of the Education Amendments of 1972 says “No person...shall, on the basis of sex, be excluded from participation under any education program or activity receiving federal financial assistance...” Therefore, the policy of the Bellwood-Antis School District is that all extra-curricular amenities and equipment shall be offered to all participants on a same ratio basis.

#### **M. STUDENT CONDUCT AT ATHLETIC EVENTS**

Attending an extracurricular event is a privilege provided for all students. Your support of our athletic teams is essential for the success of the various programs. When, however, the behavior of a student affects the welfare and safety of others, the privilege may be taken away. Good student conduct is necessary at all athletic contests.

The following rules and safety regulations are for your well being:

1. Respect the authority of game officials and police.
2. Remain in the spectator areas during football games, during events conducted in the gym and stay clear of the playing area and the doorways.
3. Refrain from throwing articles onto the playing area or in the stands.
4. Remain in the gym lobby area with food and drink.
5. Refuse should be deposited in appropriate containers.
6. Respect the visiting fans and players, after all, they are only trying to accomplish the same goals which we are seeking.
7. Remain inside the gym or football stadium until the event has concluded. If you leave and try to re-enter you will have to pay another admission price.
8. Violators of any of the above guidelines will result in your immediate removal from the event with legal action taken if the offense is deemed serious.

**N. POST SEASON COMPETITION**

When the deadline approaches for applications into post season competition, the Principal, the Athletic Director, and the Head Coach shall meet and discuss the value and desirability of a team entering playoffs. The high school principal will make the final decision.

One of the guidelines to be considered in making the decision shall be the record of the team at the time of application and a possible projection of its final record. It is recommended that a team not able to win 50% of its contests, should not enter team competition of a post season nature.

**O. SCRIMMAGES – INTERSCHOLASTIC**

Scrimmages shall be arranged by the athletic director. Coaches shall not independently schedule scrimmages with other schools. The number of away scrimmages should not exceed the following:

Football – 2

Basketball – 2

Wrestling – 2

All other sports will be evaluated on an individual basis.

There may be a need for additional scrimmages under certain circumstances which will be approved by the athletic director and principal.

**P. CONFERENCES FOR COACHES AND ATHLETIC DIRECTOR**

Money for conferences for coaches and the athletic director will be budgeted each year. The school district will not reimburse coaches beyond the amount budgeted. Coaches will only be reimbursed for money actually expended and shall submit receipts for such expenses. Reimbursable expenses shall include conference fees, room, meals, and mileage at the rate established in the current district contract.

**Q. PLAYOFF PARTICIPATION BY INDIVIDUALS ATTENDING SCHOOLS HAVING NO TEAM IN THE SPORT**

In sports where it is possible to participate as an individual without being a member of a team, a member school which does not have a team in the particular sport may nevertheless enter eligible individual students in the district playoffs and, if they qualify, in the inter-district or state playoffs. The affected sports in which PIAA sponsors a state championship are golf, gymnastics, swimming and diving, cross country, tennis, and track and field. In some PIAA districts, additional sports may also be affected.

When a school without a team enters one or more individuals in the playoffs, it is sponsoring the sport, and both the school and those students become subject to PIAA rules to the same extent as a school and athletics in a fully-developed team program. Accordingly, the student will be ineligible to practice or participate in the sport until there is on file with the

principal a certificate of consent signed by his parent or guardian, and until he passed the required physical examination, or, for subsequent sports seasons, obtained the required certification that his condition is satisfactory. In addition, all other eligibility rules, including those dealing with age, amateur status, attendance, transfers, semesters of attendance, seasons of participation, and curricular requirements, apply to the individual students. The principal of the school is required to prepare and submit to the opponent school the eligibility certificate required of all schools participating in interscholastic athletic competition. A coach or other professional employees of the school must accompany the student or students to the playoff event in which participation is to occur. In short, a school which sponsors no team in a given sport should view its entry of one or more individuals into the playoffs as putting it and the student into the same position with regard to PIAA rules as any other member school which sponsors interscholastic athletic competition.

The Bellwood-Antis School District supports the efforts of qualified students to participate in PIAA competition even though the district does not offer that particular sport. The Principal and Athletic Director will appoint a qualified coach who will represent the school. All entrance fees, physical fees and transportation/lodging costs will be the responsibility of the individual student-athlete, unless waived by the Athletic Director and High School Principal.

#### **R. COMMUNICABLE DISEASE PROCEDURES**

The following is recommended by National Federation and is being provided to PIAA member school as a service:

While risk of one athlete infecting another with HIV/AIDS during competition is close to non-existent, there is a remote risk that other blood borne infectious diseases can be transmitted. For example, Hepatitis B can be present in blood as well as in other body fluids. Procedures for reducing the potential for transmission of these infectious agents should include, but not be limited to, the following:

1. The bleeding must be stopped, the open wound covered and if there is an excessive amount of blood on the uniform, it must be changed before the athlete may participate.
2. Routine use of gloves or other precautions to prevent skin and mucous-membrane exposure when contact with blood or other body fluids is anticipated.
3. Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
4. Clean all blood contaminated surfaces and equipment with a solution made from a proper dilution of household bleach (CDC recommends 1-10) or other disinfectants before competition resumes.
5. Practice proper disposal procedures to prevent injuries caused by needles, scalpels and other sharp instruments or devices.
6. Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags, or other ventilation devices should be available for use.

7. Athletic trainers/coaches with bleeding or oozing skin conditions should refrain from all direct athletic care until the condition resolves.
8. Contaminated towels should be properly disposed of/disinfected.
9. Follow acceptable guidelines in the immediate control of bleeding and when handling bloody dressings, mouth guards and other articles containing body fluids.

## **IX. CARE AND MAINTENANCE OF ATHLETIC FACILITIES**

All members of the athletic department are responsible for the care and maintenance of athletic facilities. Coaches are required to report any conditions of the facility that is unsafe or not working to the Athletic Director. The Athletic Director will inform the Building and Grounds Supervisor.

### **A. BUILDING AND GROUNDS – THE FOOTBALL FIELD**

The Building and Grounds Supervisor will organize personnel to perform the duties shown below:

1. Maintain all aspects of the football field. Included under this category would be:
  - a. The playing field and track
  - b. The bleachers
  - c. The scoreboard
  - d. The press box and ticket booths
  - e. Security of the field and track (locks, lights, etc.)
  - f. Parking and traffic patterns for events.
  - g. Any other aspects as deemed necessary by the Athletic Director or administration that develop in due courses of events.
2. For each home game (Varsity, JV, Junior High) the head custodian or his delegated personnel will:
  - a. Cut the grass
  - b. Line the field, if necessary
  - c. Unlock the gates for public use – close and lock after the event.
  - d. Have locker rooms unlocked for the visiting team and officials.
  - e. Have the field clear of debris in order to present a good public appearance of the football facility.
3. Layout and line fields for practice football or other events as requested by the Athletic Director.
4. Prepare for and clean the locker room of the home and visiting teams.
5. Repair, fill and seed fields and repair all outside equipment after football season.



**B. BUILDING AND GROUNDS – THE TRACK**

1. Prepare the track for home meets:
  - a. Prepare the track for the opening of the season.
  - b. Set up the necessary equipment in coordination with the head coach and line the track and field areas.
  - c. Maintain the track throughout the season.
2. Prepare for and clean locker room of home and visiting teams.

**C. BUILDING AND GROUNDS – BASEBALL FIELDS**

1. Prepare the field for the opening of the season.
2. Line the baseball fields in preparation for interscholastic events.
3. Maintain the infield as needed.
4. Maintain the backstop area.
5. Maintain the bleachers and batting cage.
6. Repair and seed field and/or repair outside equipment prior to winter months.

**D. BUILDING AND GROUNDS – THE WRESTLING ROOM**

1. Perform the daily maintenance required in the wrestling room as directed by the athletic director or administration.
2. Clean, repair, and paint the wrestling room during Spring months.

**E. BUILDING AND GROUNDS – THE MAIN GYMS**

1. Maintain the main gyms:
  - a. Periodically refinish the floor surfaces during the summer months.
  - b. Maintain the bleachers at all times.
  - c. Maintain the scoreboard/clock mechanism.
  - d. Maintain the backboards.
  - e. Set up the bleachers for basketball, wrestling, and all junior high contests.
  - f. Clean and/or paint inside gym area during summer months.
2. Prepare for and clean locker room of home and visiting teams during various sports seasons.

**X. RESPONSIBILITIES OF A BELLWOOD-ANTIS HIGH SCHOOL ATHLETE**

Being a member of a Bellwood-Antis athletic team is the fulfillment of an early ambition for many students. The attainment of this goal carries with it certain traditions and responsibilities that must be maintained. A great athletic tradition is not built overnight. It takes hard work of many people over many years. As a member of an interscholastic squad of Bellwood-Antis High School, you have inherited a wonderful tradition, a tradition you are challenged to uphold.

Our tradition has been to win with honor. We desire to win, but only with honor to our athletes, our school and our community. Such a tradition is worthy of the best efforts of all

concerned. Over many years our squads have achieved more than their share of league and tournament championships.

It will not be easy to contribute to such a great athletic tradition. To compete for your school may mean that you will have to say “no” to pleasures an athlete cannot afford. When you wear the colors of your school, we assume that you not only understand our traditions, but are willing to assume the responsibilities that go with them. However, the contributions you make should be a satisfying accomplishment to you and your family.

#### **A. RESPONSIBILITIES TO YOURSELF**

The most important of these responsibilities is to broaden yourself and develop strength of character. You owe it to yourself to get the greatest possible good from your high school experiences. Your studies, your participation in other extra-curricular activities as well as in sports, prepare you for your life as an adult.

#### **B. RESPONSIBILITIES TO YOUR SCHOOL**

Another responsibility you assume as a squad member is to your school. Bellwood-Antis cannot maintain its position as having an outstanding school unless you do your best in whatever activity you wish to engage. By participating in athletics to the maximum of your ability you are contributing to the reputation of your school.

You assume a leadership role when you are on an athletic squad. The student body and citizens of the community know you. You are on stage with the spotlight on you. The student body, the community and other communities judge our school by your conduct and attitudes, both on and off the field. Because of this leadership role, you can contribute greatly to school spirit and community pride. Make Bellwood-Antis proud of you and your community proud of your school by your faithful exemplification of these ideals.

#### **C. RESPONSIBILITIES TO OTHERS**

As a squad member, you also bear a heavy responsibility to your home. If you never give your parents anything to be ashamed of, you will have measured up to the ideal. When you know in your heart that you have lived up to all the training rules, that you have practiced to the best of your ability every day, and that you have played the game “all out” you can keep your self-respect and your family can be justly proud of you.

The younger students in the Bellwood-Antis Schools are watching you. They will copy you in many ways. Do not do anything to let them down. Set good examples for them.

#### **D. REQUIREMENTS FOR PARTICIPATION**

Remember that as an athlete you are not eligible to participate in any sport until the following items have been completed:

1. Application for permission to participate on file.
2. Physical examination completed and forms on file in athletic office.
3. Insurance and any other miscellaneous fees paid.
4. All eligibility requirements have been satisfied.

## E. CONDUCT OF AN ATHLETE

The conduct of an athlete is closely observed in many areas of life. It is important that your behavior be above reproach in all the following areas:

1. **On the Field** – In the area of athletic competition, a real athlete does not use profanity or illegal tactics, and learns fast that losing is part of the game and that you should be gracious in defeat and modest in victory. It is always courteous to congratulate the opponent on a well played game after the contest, whether in defeat or victory.
2. **In the Classroom** – In the academic area, a good athlete becomes a good student. A person cannot be a classroom laggard and think he/she can be an outstanding athlete. If you are lazy in class, you will be lazy on the practice field or floor and will never reach your full potential. As an athlete, you must plan your schedule so that you give sufficient time and energy to your studies to insure acceptable grades. An athlete must be passing the required number of credits to maintain eligibility.

In addition to maintaining good scholarship, an athlete should give respectful attention to classroom activities and show respect for other students and faculty at all times. Horse play and unnecessary boisterousness are not approved habits of behavior.

A healthy athlete should have a good attendance record. Never cut classes at school.

3. **On School Grounds** – The way we act and look on campus is of great importance. Athletes should be leaders and fellow students should respect and follow them.
4. **Grooming and Dress Policy** – A member of an athletic team is expected to be well groomed. “He shows up best who shows off least.” Appearance, expression and actions always influence people’s opinions of athletes, the team, and the school. Once you have volunteered to be a member of a squad, you have made a choice to uphold certain standards expected of athletes in this community. An athlete shall dress presentable at all times on trips or at assemblies or at banquets.
5. Use of any form of tobacco, alcoholic beverages, or drugs (unless prescribed by a doctor) while in school, on school property, or representing the school will result in dismissal from the squad.

Use of any form of tobacco, alcoholic beverages, or drugs (unless prescribed by a doctor) off school property, during the sport season, will result in a two week suspension from the team. Referral will be made to the STAR team and you must follow their recommendation, which may include drug and alcohol group or referral to the Altoona Hospital Drug and Alcohol Clinic. Failure to abide by recommendation of STAR will result in immediate dismissal from the team.

6. Any student suspended from school for disciplinary reasons is not permitted to practice or participate in interscholastic contests while on suspension. A consistent pattern of school discipline and suspension will result in the student’s exclusion from all extra-curricular activities.

7. Students who conduct themselves in a manner unbecoming a representative of our school at another school will face disciplinary action from both the coach and the principal which may result in dismissal from the team.
8. Students are not to be in any other part of the school building except the gym and locker room area during scheduled practices and game times.
9. Students who do not attend practices on a regular basis will be dropped from the team.
10. Any student who acts in any manner to disrupt the ideals and goals of the team or fails to cooperate with the ideals and goals of the team may be suspended or dropped from the squad.

#### **F. ATTENDANCE**

1. A student absent from school shall not participate in any athletic practice or scheduled event that day. If the student reports to school for the afternoon session he must be in school by 11:15 a.m. with a legal excuse. Certain circumstances with prior approval of the principal, may justify an exception to this policy.
2. If a student is absent from school due to illness for two or more days immediately before the day of a game, permission to play shall be required from the student's parents.
3. Students who are illegally tardy or show a consistency of tardiness to school following an athletic contest the previous evening will not be permitted to practice that day.
4. Students who are absent from school during a semester for a total of twenty or more school days shall not be eligible to participate in any athletic contest until the student has been in attendance for a total of 60 school days following the 20<sup>th</sup> day of absence. Exceptions include consecutive absence of five or more school days due to confining illness or injury as determined by the principal.
5. Any student living in the Bellwood-Antis School District with another person other than their parent(s), whether that person be a court appointed guardian or a relative or friend who signs an affidavit of residence will be referred to the District VI Committee to determine eligibility.
6. A student shall not represent the school in interscholastic athletics if the student has been in attendance more than 8 semesters beyond 8<sup>th</sup> grade or if the student has attained the age of 19 prior to July 1 of the current school year.

#### **G. CURRICULUM**

1. In order for a pupil to be eligible for interscholastic athletics, five full credit subjects or the equivalent must have been passed during the previous nine week grading period. Any student failing to maintain these standards will be declared ineligible to participate or practice in any extra-curricular activity for the next 20 days of the grading period.
2. At the end of the school year the student's final grades and credits rather than the last grading period will be used to determine eligibility.

3. The student must also pass five full credit subjects or the equivalent each week of the marking period determined on a cumulative basis each weekly period in order to participate in an extra-curricular activity practice contest. However, a student will be permitted to practice for a period of one week while on the ineligibility list to maintain conditioning. After one week, if the student is still not passing 5 credits, he will not be permitted to practice. This one week grace period will be offered only once during a sports season.

#### **H. EQUIPMENT**

1. The student is responsible for the care and cleaning of the equipment of each sport until it is returned at the end of the season or until the candidate withdraws from the team.
2. Equipment not returned must be paid for according to the replacement value.
3. Students may not participate in another school sponsored sport until all equipment is returned or payment is made.
4. All equipment is to be returned to the head coach within two weeks of the completion of each sport season.
5. No athletic equipment issued to squad members may be worn in gym class or worn outside of practice or game situations unless approval is given by the principal and athletic director.

#### **I. INSURANCE, INJURIES, AND PHYSICAL EXAMINATIONS**

1. Bellwood-Antis School District has an accident policy for students participating in the school's interscholastic athletic program. The plan is designated to pay for small bills and to protect against potentially greater medical expenses.

The type of policy that that school has is called "\$100 Excess Coverage". The plan will pay the first \$100, the coverage is secondary to the parent or guardian's group insurance and the school insurance does not pay the remaining bills because of deductibles, etc. The school insurance has limits on the maximum amount that will be paid. You should refer to the summary of benefits for the maximum amount for any specific procedure.

2. It should be noted that this is strictly an accident policy. Claims for illness, infections, blisters, etc. will not be honored. Any expense not covered by school insurance must be paid by the athlete and/or parents or their personal insurance. This includes ambulance service.
3. In the event of an accident, the student athlete should notify their coach immediately and the school nurse as soon as possible thereafter. The head coach or his designee, is to complete the accident claim form prior to sending the injured party to the doctor or if this is impossible to do at the time of the injury, the completed form is to be provided to the parents to file as soon as possible thereafter. This copy should be completed in duplicated form. It is extremely important that all portions of the claim form are completed in order to have the bills considered for payment.

4. Medical examinations for each student planning to compete in interscholastic athletics will be given prior to each sports season at no charge to the student. If the student fails to appear at this time, he/she must get his/her examination at his/her own cost. All student athletes must obtain a physical for each seasonal sport. Physicals given for a fall sport are NOT necessary for winter and/or spring sports (providing re-certification procedures are followed and no injuries have been reported or have occurred since the first physical).
5. If a student receives a school physical and does not report for the first practice of the sport, the student will be charged the full cost of the physical.
6. Students must be examined or re-certified at the beginning of each sports season if a successful examination was already conducted and the student suffers no injuries,

Bellwood-Antis School District is an equal opportunity education institution and will not discriminate on the basis of race, color, national origin, sex, and handicap in its activities, programs or employment practices as required by Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, and Section 504 of the Rehabilitation Act of 1973.

For more information regarding civil rights or grievance procedures, contact the Title IX and Section 504 Coordinator at Bellwood-Antis High School, 400 Martin Street, Bellwood, PA 16617 (814-742-2274). The person currently serving in this position is Miss Diane Williams, High School Principal. Information regarding services, activities and facilities that are accessible to and useable by handicapped persons is also available at the above address.

#### **ACKNOWLEDGEMENT OF RISK**

The Bellwood-Antis School District believes very strongly in the positive values that can be achieved through athletic participation and takes every step possible to insure the well being of the student. However, the parents and athletes must assume that risks are involved when participating in athletics. The school will provide proper equipment and facilities, safe instruction and careful supervision in an attempt to reduce risk and injury to a minimum. In spite of any/all precautions, there still remains the possibility that a child may be injured – ranging from a mild scrape to a severe injury including permanent paralysis or death as a result of participating in sports. Players are responsible for reporting injuries immediately or as soon as detected, to the coach/trainer and if he leaves school without reporting an injury, the parent accepts the responsibility of notifying the school if they detect a change in behavior or injury that requires professional medical attention.